

Peptide Therapy at Harding Medical Institute

PRECISION CELLULAR MEDICINE · PERSONALIZED PROTOCOLS



*Your body already knows
how to heal, rebuild, and
optimize. Peptides simply
remind it how.*

Peptides are short chains of amino acids that act as precise signaling molecules — naturally occurring messengers that tell your cells to repair, regenerate, and perform. As we age, these signals weaken. The result is familiar: slower recovery, changing body composition, declining energy, skin that stops cooperating.

At HMI, peptides are never an add-on. They are built into a comprehensive protocol — selected specifically for you, sourced from reputable suppliers, and monitored through ongoing labs and provider oversight. This is precision medicine, not a supplement stack.

WHAT SETS HMI'S APPROACH APART

- 01 Sourced from reputable, verified companies**
Every peptide offered at HMI is sourced from trusted, reputable suppliers — because quality matters as much as the protocol itself.
- 02 Lab-guided, provider-supervised protocols**
Your peptide selection is based on your labs, symptoms, and goals — not a generic menu. We adjust as your results evolve.
- 03 Integrated with your full HMI protocol**
Peptides work best alongside hormone optimization. At HMI, both are considered together as part of your personalized plan.
- 04 Concierge access and ongoing support**
Questions between visits? Your care team is available. We don't hand you a prescription and disappear.

OUR CURATED PEPTIDE OFFERINGS

CJC-1295 + Ipamorelin

GROWTH HORMONE OPTIMIZATION

The most requested peptide combination in concierge medicine. Stimulates your pituitary to release growth hormone naturally — improving body composition, deepening sleep, and accelerating recovery without suppressing your own hormonal axis.

Ideal for: body recomposition, anti-aging, sleep quality, athletic recovery

BPC-157 (± TB-500)

TISSUE REPAIR & RECOVERY

Body Protection Compound — one of the most extensively studied healing peptides available. Works at the cellular level to accelerate repair of joints, tendons, muscle, and the gut lining. Frequently combined with TB-500 for a synergistic healing effect.

Ideal for: injury recovery, chronic joint pain, gut health, active patients

Sermorelin

GROWTH HORMONE SECRETAGOGUE

One of the original and most clinically validated peptides in anti-aging medicine. A growth hormone releasing hormone analog that restores your body's own GH production gradually and physiologically — improving lean mass, sleep, immune function, and vitality.

Ideal for: anti-aging, GH decline, overall hormonal optimization

NAD+

CELLULAR ENERGY & LONGEVITY

Nicotinamide adenine dinucleotide is the coenzyme that powers every cell in your body. Levels fall sharply after 40, contributing to fatigue, brain fog, and metabolic decline. Injectable NAD+ extends the benefits of our in-clinic IV therapy to your daily routine at home.

Ideal for: fatigue, cognitive performance, longevity protocols

GHK-Cu / GLOW Blend

SKIN, HAIR & AESTHETIC REGENERATION

A copper peptide complex with well-documented regenerative effects on skin architecture, hair follicle density, and connective tissue. A natural complement to HMI's aesthetics services — working from the inside out to support what we do in the treatment room.

Ideal for: skin quality, hair thinning, post-procedure recovery, aesthetics

Tesamorelin

BODY COMPOSITION & VISCERAL FAT

The only FDA-approved GHRH analog with robust clinical evidence for visceral fat reduction. Particularly effective for abdominal fat that resists diet and exercise — while preserving lean muscle and improving metabolic markers. A meaningful distinction from weight loss medications.

Ideal for: visceral fat, metabolic health, body recomposition



Reputable Sourcing

Sourced from trusted, verified suppliers only.



Lab-Guided Protocols

Every prescription built from your labs, symptoms, and goals.



Concierge Support

Ongoing provider access. We adjust as your results evolve.

Curious which peptides belong in your protocol?

hardingmedicalinstitute.com

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This material is for educational purposes only and does not constitute medical advice. Peptide therapy should be prescribed and monitored by a qualified healthcare provider. Results vary. Some peptides are investigational and not FDA-approved for all indications. All HMI protocols are individualized based on health history, labs, and provider assessment.