

Male TRT Patients at HMI

Low testosterone rarely announces itself. It surfaces as persistent fatigue and low energy, fading libido, stubborn weight gain, poor sleep, brain fog, low mood or irritability, and a quiet loss of strength and drive. If that sounds familiar, you are not alone — and it is very treatable. Restoring healthy hormone levels can bring back your energy, focus, body composition, and confidence.

What Makes HMI Different?

Concierge pioneers.

One of the country's first concierge practices — caring for families for over fifteen years, we know what exceptional care takes.

We treat the cause, not the symptom.

Every plan is built around your complete hormonal picture, your symptoms, and your goals.

Diagnostics that go deeper.

We look well beyond a single testosterone number to find what is truly driving how you feel.

Unhurried, in-depth visits.

Real time with your clinician — every question answered, nothing rushed.

Every delivery method.

Injections, topical creams, or long-acting pellets — matched to you.

White-glove logistics.

We coordinate prescriptions with trusted pharmacies and ship medications to your door.

Treatment Options

Pellets — twice a year.

A quick in-office insertion delivers steady, long-acting testosterone with the fewest interventions.

— or —

Injections or creams — weekly.

Self-administered at home: a simple weekly injection or a daily compounded cream — easily adjusted and cost-effective.

Cost of Care: Male TRT

Getting started

- ✓ **Comprehensive initial lab panel: \$300** self-pay, or use your insurance.
- ✓ **Initial 1-hour consultation: \$250.** \$50 applies toward treatment if you proceed; included for members.

Choose your therapy

- **Injections or creams: \$200** per month (medication & supplies).
- or —
- **Testosterone pellets: \$950** twice a year (\$850 for members); includes insertion visit.

Ongoing care

- ✓ **Follow-up lab panel: \$200**, or use your insurance.
- ✓ **Follow-up consultation: \$200.** Included for members.

Concierge membership includes your consultations, member pricing on pellet therapy, and priority access to your care team — with honest pricing and no hidden fees.

Beyond a Standard Physical

A routine checkup runs a handful of labs. We run an ultra-comprehensive workup — dozens of markers across your hormones, metabolism, and organ health — so nothing shaping how you feel goes unseen. Your panel reveals:

- **Testosterone (free & total), estradiol, SHBG & LH** — your full sex-hormone picture and the signals behind it
- **DHEA-S & cortisol** — adrenal reserve and your stress-hormone axis
- **PSA & % free PSA** — prostate safety before and during therapy
- **Thyroid (TSH, free T3/T4, TPO)** — a common hidden cause of fatigue
- **CBC, CMP (kidney function), A1c, fasting insulin, lipids, homocysteine, hs-CRP, vitamin D, B-12 & ferritin** — your metabolic, cardiovascular, and nutrient picture

Why start today? Every month of low testosterone is energy, focus, and strength left on the table. One visit begins the path back — call **407-210-2101**.

1 Comprehensive labs > 2 Consultation > 3 Personalized plan > 4 *Begin treatment in as little as 2 weeks*

Ready to feel like yourself again?

Contact us today at 407-210-2101 or info@hardingmedicalinstitute.com

Note: Pricing reflects typical protocols and may vary; additional medications, supplements, or labs may be recommended based on your results. Labs may be submitted to insurance; if a test isn't covered, the insured price can exceed the self-pay rate. Pellet therapy is priced separately.